

Series: JOYRIDE (4)
Don't Freak Out
Philippians 4:2-9
November 6, 2011

Proverbs 23:7

* Bkgd to Ch. 4

***Causes of Anxiety (vv.2-5)**

Relational Conflict (vv. 2-3)

On majors – stand in love

On minors – agree to disagree in love

* A contentious spirit cannot have joyful heart.

***Cure for Anxiety (vv 6-9)**

1. Stop Being A Control Freak (v. 6a)

2. Continue to Give It to God (vv 6-7)

3. Start Reviewing the Good (v. 8)